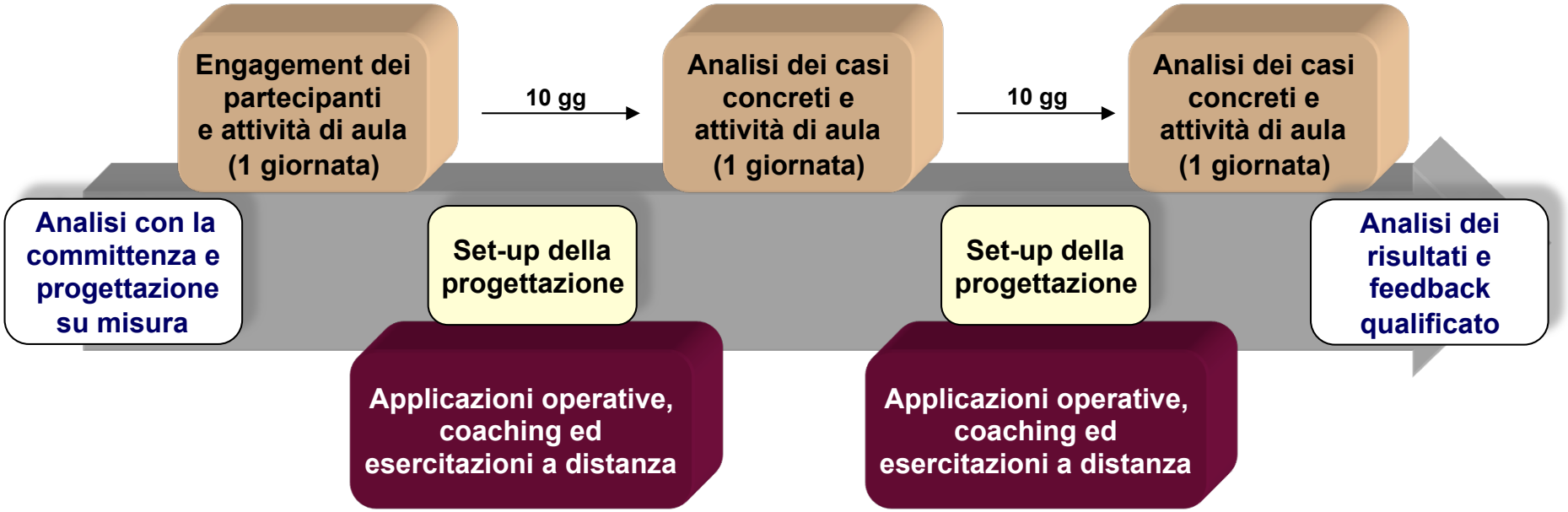Come lavoriamo: struttura di un training in azienda